

# YOGA IN KEFALONIA RETREATS

## BREAKFAST MENU EXAMPLE

(BREAKFASTS WILL VARY)

- Assortment of fresh baked goods from the local bakery, for eg: breads, chocolate croissants or Bugatsa (greek milk tart)
- Cheese or Spinach pie
- Butter, homemade jam, Nutella
- Fresh fruit platter
- Greek yoghurt, local Cephalonian honey, nuts and berries
- Greek Breakfast platter: local cheeses, marinated olives, tomato wedges, fresh basil