

Kundalini yoga from the comfort of your home

YOGA WITH ALEX

(online)

Weekly Zoom Schedule: (all ZA time)

Monday + Saturday: 09:30 - 10:45am

Tuesday + Thursday: 17:30 - 18:45pm

Monthly subscription prices:

1 class per week: R250 | €25 | £25 | \$25

2 classes per week: R350 | €35 | £35 | \$35

Unlimited: R500 | €45 | £45 | \$45

Drop in: R80 | €8 | £8 | \$8

Private classes:

1 hour 15 mins each: R250 | €25 | £25 | \$25

